

Time Dependent Perturbation Theory

Introduction

Quantum Statics $\rightarrow$ Quantum Dynamic

T.I Schrödinger Eq. $\rightarrow$ Time-Dependent Schrödinger Eq.

$$V(\vec{r}) \rightarrow V(\vec{r}, t)$$

Time-Dependent Schrödinger Equation

$$H\psi = i\hbar \frac{\partial \psi}{\partial t} \quad \text{can be solved by separation of variables}$$

$$-iEt/\hbar$$

$$\psi(\vec{r}, t) = \psi(\vec{r}) e^{-iEt/\hbar} \quad (1)$$

where $\psi(\vec{r})$ is the solution to $H\psi = E\psi$

With Eq. 1, all probabilities and expectation values are independent of time.

By forming linear combinations of stationary states:

$$\psi(\vec{r}, t) = \psi_1 e^{-iE_1 t/\hbar} + \psi_2 e^{-iE_2 t/\hbar}$$

These wave functions have interesting time dependence; however, the possible values of their energies, and their respective probabilities are constant.

Neutrino Oscillations p. 122
of Griffiths

Transitions (or Quantum Jumps) require a time-dependent potential

Time-Dependent Perturbation Theory

Two-Level System

Suppose we have a two-state system with unperturbed states: ψ_a and ψ_b

These are the eigenstates of the unperturbed Hamiltonian, H^0 .

$$H_0 \psi_a = E_a \psi_a \quad \& \quad H_0 \psi_b = E_b \psi_b \quad \text{where } \langle \psi_a | \psi_b \rangle = \delta_{ab}$$

Any state can be expressed as a linear combination of ψ_a and ψ_b :

$$\Phi(0) = c_a \psi_a + c_b \psi_b \quad \text{The state at time, } t=0.$$

$$\Phi(t) = c_a \psi_a e^{-iE_a t/\hbar} + c_b \psi_b e^{-iE_b t/\hbar}$$

where $|c_a|^2$ = probability of measuring the energy = E_a .

$$\langle \Phi(t) | \Phi(t) \rangle = 1 \Rightarrow |c_a|^2 + |c_b|^2 = 1$$

Turn on the perturbation: $V(\vec{r}, t)$, then

$$\Phi(t) = c_a(t) \psi_a e^{-iE_a t/\hbar} + c_b(t) \psi_b e^{-iE_b t/\hbar} \quad (2)$$

Solve for $c_a(t)$ & $c_b(t)$ by demanding that $\Phi(t)$ satisfy the time-dependent Schrödinger Equation.

$$H\Phi = i\hbar \frac{\partial \Phi}{\partial t} \quad \text{where } H = H^0 + H'(t)$$

Time-Dependent Perturbation Theory

Two-Level System

$$\begin{aligned}
 & c_a [H_0 \psi_a] e^{-iE_a t/\hbar} + c_b [H_0 \psi_b] e^{-iE_b t/\hbar} + c_a [H' \psi_a] e^{-iE_a t/\hbar} + c_b [H' \psi_b] e^{-iE_b t/\hbar} = \\
 & = i\hbar \left[\dot{c}_a \psi_a e^{-iE_a t/\hbar} + \dot{c}_b \psi_b e^{-iE_b t/\hbar} + c_a \psi_a \left(-\frac{iE_a}{\hbar} \right) e^{-iE_a t/\hbar} + c_b \psi_b \left(-\frac{iE_b}{\hbar} \right) e^{-iE_b t/\hbar} \right]
 \end{aligned}$$

and we are left with

$$\begin{aligned}
 & c_a [H' \psi_a] e^{-iE_a t/\hbar} + c_b [H' \psi_b] e^{-iE_b t/\hbar} = \\
 & = i\hbar \left[\dot{c}_a \psi_a e^{-iE_a t/\hbar} + \dot{c}_b \psi_b e^{-iE_b t/\hbar} \right]
 \end{aligned}$$

Isolate $\dot{c}_a$ by taking the inner product $\langle \psi_a |$

$$c_a \langle \psi_a | H' | \psi_a \rangle e^{-iE_a t/\hbar} + c_b \langle \psi_a | H' | \psi_b \rangle e^{-iE_b t/\hbar} = i\hbar \dot{c}_a e^{-iE_a t/\hbar}$$

$$\text{Define: } H'_{ij} = \langle \psi_i | H' | \psi_j \rangle$$

and multiply by $e^{+iE_a t/\hbar} \left(-\frac{i}{\hbar} \right)$, we obtain

$$\dot{c}_a = \frac{-i}{\hbar} \left[c_a H'_{aa} + c_b H'_{ab} e^{-i(E_b - E_a)t/\hbar} \right] \quad \underline{\text{Eq. 3}}$$

Similarly, for $\dot{c}_b$ we obtain:

$$\dot{c}_b = \frac{-i}{\hbar} \left[c_b H'_{bb} + c_a H'_{ba} e^{i(E_b - E_a)t/\hbar} \right] \quad \underline{\text{Eq. 4}}$$

Problem 9.1

Time-Independent Perturbation Theory

$$\psi_{100} = \frac{1}{\sqrt{\pi a^3}} e^{-r/a}$$

$$\psi_{200} = \frac{1}{\sqrt{8\pi a^3}} \left(1 - \frac{r}{2a}\right) e^{-r/2a}$$

$$\psi_{210} = \frac{1}{\sqrt{32\pi a^3}} \frac{r}{a} e^{-r/2a} \cos\theta$$

$$\psi_{21\pm 1} = \mp \frac{1}{\sqrt{64\pi a^3}} \frac{r}{a} \sin\theta e^{\pm i\phi}$$

$$r \cos\theta \equiv z \quad ; \quad r \sin\theta (\cos\phi \pm i \sin\phi) = x \pm iy$$

In all cases: $|\psi|^2$ is an even function of z . Thus $\int |\psi|^2 z \, dx dy dz = 0$

$$\text{So, } \boxed{H'_{ij} = 0}$$

All the above wavefunctions are even in z except for ψ_{210} (odd in z).

So, all the $H'_{ij} = 0$ except for $\langle \psi_{100} | H' | \psi_{210} \rangle$

$$\langle \psi_{100} | H' | \psi_{210} \rangle = -eE \frac{1}{\sqrt{\pi a^3}} \frac{1}{\sqrt{32\pi a^3}} \frac{1}{a} \int e^{-r/a} e^{-r/2a} z^2 d^3r$$

$$\langle \psi_{100} | H' | \psi_{210} \rangle = \frac{-eE}{4\sqrt{2}\pi a^4} \underbrace{\int_0^\infty r^4 e^{-3r/2a} dr}_{\left(\frac{2a}{3}\right)^5} \underbrace{\int_0^\pi \cos^2\theta \sin\theta d\theta}_{2/3} \underbrace{\int_0^{2\pi} d\phi}_{2\pi}$$

$$\langle \psi_{100} | H' | \psi_{210} \rangle = \frac{-eE}{4\sqrt{2}\pi a^4} 4! \left(\frac{2a}{3}\right)^5 \frac{2}{3} 2\pi = -\left(\frac{2^8}{3^5 \sqrt{2}}\right) eEa$$

$$H'_{ij} \neq 0$$

$$\langle \psi_{100} | H' | \psi_{210} \rangle = -\left(\frac{2^8}{3^5 \sqrt{2}}\right) eEa = -0.745 \underbrace{(ea)}_{\text{dipole moment}} E$$

$$P.E. = U = -\vec{p} \cdot \vec{E} \quad \text{where } \vec{p} \sim e\vec{a} (-0.745)$$

(0.745) a = characteristic charge separation

Time Dependent Perturbation Theory

$H' = \text{small}$ Two-state system

$$c_a(0) = 1$$

$$c_b(0) = 0$$

Zeroth Order: No perturbation at all

$$c_a^{(0)}(t) = 1$$

$$c_b^{(0)}(t) = 0$$

First Order:

$$\dot{c}_a^{(1)} = 0$$

$\Rightarrow$

$$c_a^{(1)}(t) = 1$$

$$\dot{c}_b = \frac{-i}{\hbar} c_a^{(0)} H'_{ba} e^{i\omega_0 t} \Rightarrow \dot{c}_b^{(1)}(t) = \frac{-i}{\hbar} H'_{ba} e^{i\omega_0 t}$$

So,
$$c_b^{(1)}(t) = \frac{-i}{\hbar} \int_0^t H'_{ba} e^{i\omega_0 t'} dt'$$

Second Order:

$$\dot{c}_a^{(2)}(t) = \frac{-i}{\hbar} c_b^{(1)}(t) H'_{ab} e^{-i\omega_0 t}$$

$$\dot{c}_a^{(2)}(t) = \frac{-i}{\hbar} H'_{ab} e^{-i\omega_0 t} \left(\frac{-i}{\hbar} \int_0^t H'_{ba} e^{-i\omega_0 t'} dt' \right)$$

So,
$$c_a^{(2)}(t) = c_a^{(1)}(0) - \frac{1}{\hbar^2} \int_0^t H'_{ab}(t') e^{-i\omega_0 t'} \left[\int_0^{t'} H'_{ba}(t'') e^{-i\omega_0 t''} dt'' \right] dt'$$

$$c_a^{(2)}(t) = 1 - \frac{1}{\hbar^2} \int_0^t H'_{ab}(t') e^{-i\omega_0 t'} \left[\int_0^{t'} H'_{ba}(t'') e^{-i\omega_0 t''} dt'' \right] dt'$$

Time Dependent Perturbation Theory

Sinusoidal Perturbation

Perturbation Hamiltonian $\Rightarrow H'(\vec{r}, t) = V(\vec{r}) \cos \omega t$

$$H'_{ab} = V_{ab} \cos \omega t \quad \text{Recall, } V_{ab} \equiv \langle \psi_a | V | \psi_b \rangle$$

Assume that: ① Diagonal matrix elements $V_{ii} = 0$

② Work exclusively in the 1st order approximation.

$$\dot{C}_b(t) = -\frac{i}{\hbar} C_a^{\circ}(0) H'_{ba} e^{+i\omega_0 t}$$

$$\text{where } C_a(0) = 1 \quad C_b(0) = 0$$

$$\text{and } \omega_0 \equiv \frac{E_b - E_a}{\hbar}$$

$$C_b(t) \approx -\frac{i}{\hbar} (1) V_{ba} \int_0^t \cos \omega t' e^{i\omega_0 t'} dt' + C_b^{\circ}(0)$$

$$C_b(t) = -\frac{i V_{ba}}{2\hbar} \int_0^t \left(e^{i(\omega_0 + \omega)t'} + e^{i(\omega_0 - \omega)t'} \right) dt'$$

$$= -\frac{i V_{ba}}{2\hbar} \left[\frac{e^{i(\omega_0 + \omega)t'}}{i(\omega_0 + \omega)} + \frac{e^{i(\omega_0 - \omega)t'}}{i(\omega_0 - \omega)} \right]_0^t$$

$$C_b(t) = -\frac{V_{ba}}{2\hbar} \left[\frac{e^{i(\omega_0 + \omega)t} - 1}{\omega_0 + \omega} + \frac{e^{i(\omega_0 - \omega)t} - 1}{\omega_0 - \omega} \right]$$

Now, let's restrict our attention to:

driving frequencies (ω) close to the transition frequency (ω_0)

So, the 2nd term in the bracket dominates.

Sinusoidal Perturbations

$$\omega_0 + \omega \gg |\omega_0 - \omega| \quad \text{Then: } c_b(t) \approx -\frac{V_{ba}}{2\hbar} e^{\frac{i(\omega_0 - \omega)t}{2}} - e^{\frac{-i(\omega_0 - \omega)t}{2}}$$

$$c_b(t) \approx -\frac{V_{ba}}{2\hbar} \frac{e^{\frac{i(\omega_0 - \omega)t}{2}}}{\omega_0 - \omega} \left[e^{i(\omega_0 - \omega)t/2} - e^{-i(\omega_0 - \omega)t/2} \right]$$

$$c_b(t) \approx -\frac{i V_{ba}}{\hbar} \frac{\sin[(\omega_0 - \omega)t/2]}{\omega_0 - \omega} e^{i(\omega_0 - \omega)t/2}$$

The transition probability for a particle starting in $|\psi_a\rangle$ and found in $\langle\psi_b|$ at a time "t" is:

$$P_{a \rightarrow b}(t) = |c_b(t)|^2 \approx \frac{|V_{ab}|^2}{\hbar^2} \frac{\sin^2[(\omega_0 - \omega)t/2]}{(\omega_0 - \omega)^2}$$

Homework: Problem 9.7 I.I. Rabi's rotating wave approximation.

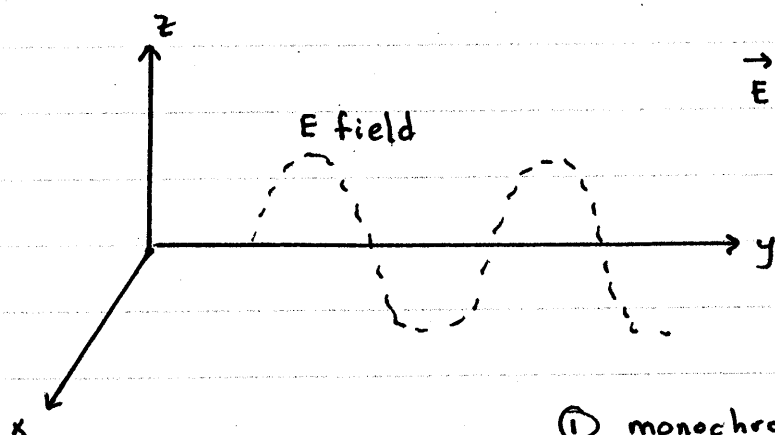
Emission & Absorption of Radiation

Light $\rightarrow$ near the visible frequencies

Atoms $\rightarrow$ respond to the electric field of em radiation

$\lambda \rightarrow$ the wavelength is long compared to the size of the atom.

$\Rightarrow$ so, we can ignore the spatial variations in the field.



① monochromatic

② polarized

Perturbing Hamiltonian

$$H' = -q E_0 z \cos(\omega t)$$

The energy of a charge $-q$ in a static E field $= -q \int \vec{E} \cdot d\vec{r}$

The motion of the charge responds more rapidly than the period of the oscillation.

$$1^{st} \text{ order perturbation} \Rightarrow H'_{ba} = -p E_0 \cos(\omega t)$$

$$\text{where } p \equiv q \langle \psi_b | z | \psi_a \rangle$$

the off-diagonal matrix element of the z-component of the dipole moment operator, $q\vec{r}$

$$\text{As a result, } H'_{aa} = H'_{bb} = 0$$

$$\vec{p} = -q\vec{r} \quad \text{Goldstone}$$

Emission and Absorption of Radiation

The interaction of light with matter is described by the sinusoidally variations we studied in the previous section.

$$V_{ba} = -pE_0$$

Absorption, Stimulated Emission, and Spontaneous Emission

1. Atom starts in the "lower" state ψ_a and monochromatic, polarized light is shined on it.
2. What is the probability of exciting the atom to a "higher" state ψ_b ?

$$P_{a \rightarrow b}(t) = \left(\frac{p E_0}{\hbar} \right)^2 \frac{\sin^2((\omega_0 - \omega)t/2)}{(\omega_0 - \omega)^2}$$

The atom absorbs energy $E_b - E_a = \hbar\omega_0$ from the electromagnetic field.

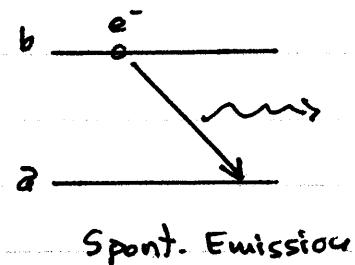
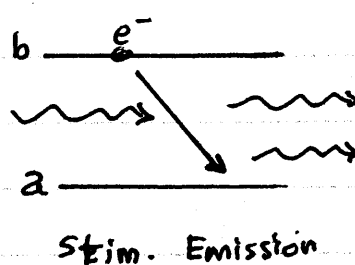
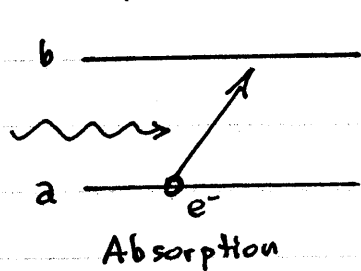
N.B. We could have started with the atom in the "upper" state

$C_a(0) = 0$ & $C_b(0) = 1$ and calculated $P_{b \rightarrow a} = |C_a(t)|^2$ and we would find for stimulated emission:

$$P_{b \rightarrow a}(t) = \left(\frac{p E_0}{\hbar} \right)^2 \frac{\sin^2((\omega_0 - \omega)t/2)}{(\omega_0 - \omega)^2}$$

$$P_{a \rightarrow b} = P_{b \rightarrow a} \quad \text{"an astonishing result"}$$

Absorption & Emission of Radiation



These are three ways in which light interacts with atoms.

Describe lasers and population inversion.

Spontaneous emission: occurs when an atom in an excited state makes a transition to a lower energy state, thus releasing a photon. However, it does this without interacting with an electromagnetic field (applied or external).

(Perturbation by the ground-state electromagnetic field)

"Zero point" radiation serves to catalyze spontaneous emission.

In a sense, there is no such thing as spontaneous emission. It's all stimulated emission.

⇒ Calculate the spontaneous emission rate, and then the natural lifetimes of an excited atomic state.

But first ⇒ Consider the response of an atom to unpolarized, incoherent, non-monochromatic light coming in from all directions

Absorption & Emission of Radiation.

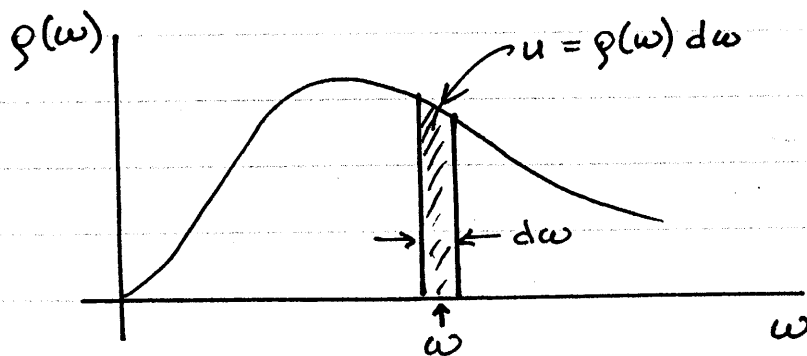
Incoherent Perturbations:

Energy density of an electromagnetic wave $\Rightarrow u = \frac{\epsilon_0}{2} E_0^2$

Recall,
$$P_{b \rightarrow a}(t) = \left(\frac{p E_0}{\hbar} \right)^2 \frac{\sin^2 [(\omega_0 - \omega)t/2]}{(\omega_0 - \omega)^2}$$

So,
$$P_{b \rightarrow a}(t) = \frac{2u}{\hbar^2 \epsilon_0} |p|^2 \frac{\sin^2 [(\omega_0 - \omega)t/2]}{(\omega_0 - \omega)^2} \quad \swarrow \text{monochromatic}$$

In many applications, the atomic system is exposed to e.m. waves over a large range of frequencies.



So,
$$P_{b \rightarrow a}(t) = \frac{2}{\epsilon_0 \hbar^2} |p|^2 \int_0^\infty \rho(\omega) \left\{ \frac{\sin^2 [(\omega_0 - \omega)t/2]}{(\omega_0 - \omega)^2} \right\} d\omega$$

$\{ \}$ $\rightarrow$ is sharply peaked at $\omega = \omega_0$, so, we can write

$$P_{b \rightarrow a}(t) \approx \frac{2 |p|^2}{\epsilon_0 \hbar^2} \rho(\omega_0) \int_0^\infty \frac{\sin^2 [(\omega_0 - \omega)t/2]}{(\omega_0 - \omega)^2} d\omega$$

N.B. $\int_{-\infty}^{\infty} \frac{\sin^2 x}{x^2} dx = \pi$

Change variables: $x \equiv (\omega_0 - \omega) \frac{t}{2}$

We find: $P_{b \rightarrow a}(t) \approx \frac{\pi |p|^2}{\epsilon_0 \hbar^2} \rho(\omega_0) t$

The transition probability is proportional to t .

$\frac{dP}{dt} \equiv$ the transition rate $\Rightarrow R_{b \rightarrow a} = \frac{\pi}{\epsilon_0 \hbar^2} |p|^2 \rho(\omega_0)$

For atoms: ① e.m. wave in the y -direction
② polarized in the z -direction

What about electromagnetic waves coming from all directions with all possible polarizations?

The energy in ^{the fields} $\rho(\omega)$ is equally shared among these different modes.

Instead of $|p|^2 \Rightarrow$ we need the average of $|\vec{p} \cdot \hat{n}|^2$

where $p \equiv q \langle \psi_b | \vec{r} | \psi_a \rangle$

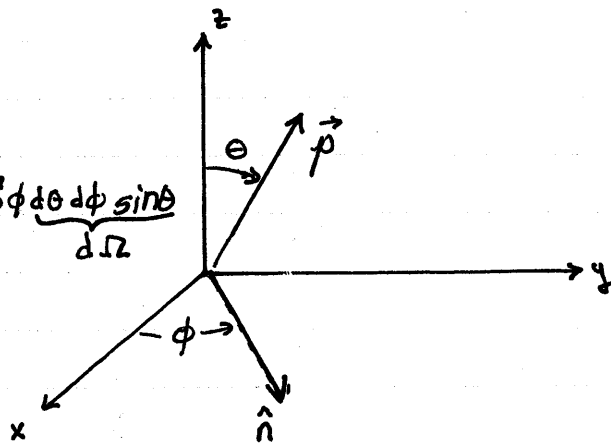
where the average is over all possible polarizations and all incident directions.

Absorption & Emission of Radiation

$$\vec{p} \cdot \hat{n} = p \sin\theta \sin\phi$$

$$|\vec{p} \cdot \hat{n}|^2_{\text{avg}} = \frac{1}{4\pi} \int_{\Omega} |\vec{p}|^2 \sin^2\theta \sin^2\phi d\theta d\phi \sin\theta$$

$$\begin{aligned} \hat{z} &= \text{direction of propagation} = \hat{k} \\ \hat{n} &= \text{polarization} = \cos\phi \hat{i} + \sin\phi \hat{j} \\ \vec{p} &= p \sin\theta \hat{j} + p \cos\theta \hat{k} \end{aligned}$$



$$|\vec{p} \cdot \hat{n}| = \frac{|\vec{p}|^2}{4\pi} \underbrace{\left(\frac{4}{3}\right)}_{\theta\text{-integration}} \underbrace{\pi}_{\phi\text{ integration}} = \frac{1}{3} |\vec{p}|^2$$

Conclusion: the transition rate for stimulated emission from state b to state a is:

$$R_{b \rightarrow a} = \frac{\pi}{3\epsilon_0 \hbar^2} |\vec{p}|^2 \rho(\omega_0)$$

Fermi's Golden Rule
Special Case

where $\vec{p}$ is the matrix element of the electric dipole moment between the two states, and $\rho(\omega_0)$ = energy density in the fields per unit frequency evaluated at $\omega_0 = \frac{E_b - E_a}{\hbar}$